



BASKETBALL & BADMINTON TRAINING PROGRAMS

MAY & JUN 2016



**BE BETTER
THAN YOU WERE
YESTERDAY**



GMF

Regular Training

FOR All Youngsters





BADMINTON



GMF Shek Mun Campus 石門訓練中心



International Christian School (ICS) 國際基督教學校

Lower Gym, ICS, 1 On Muk Lane, Shek Mun, Shatin, NT 香港新界沙田石門安睦里 1 號地下

Code 編號	Age 年齡	Training 訓練日			Lessons 堂數	Capacity 人數	Before 30/4 前	After 30/4 後
		Date 日期	Date 日期	Date 日期			First Year Membership 首次會員費 \$800 Renewal Fee 續會年費 \$400	
BMTICS61	5-7yrs	May 7,21,28 Jun 11,18,25	SAT 六	12-2 PM 下午	6	36	\$1,200	\$1,800
BMTICS62	8yrs or above	NO CLASS 停課 May 14 & Jun 4			6		\$1,200	\$1,800

REMARKS:

- **GMF MEMBERSHIP FEE 首次會員費 (\$800)**

Included 1 GMF Badminton Training Uniform & 2 tubes of shuttlecock

GMF 會員可以獲贈印有學員名稱的羽毛球訓練球衣、短褲 1 套和練習羽毛球 2 筒。

BASKETBALL



BASKETBALL



International Christian School (ICS) 國際基督教學校

ICS, 1 On Muk Lane, Shek Mun, Shatin, NT 香港新界沙田石門安睦里1號2樓

Code 編號	Age 年齡	Training 訓練日			GMF Invitation Cup GMF 邀請賽	GMF Super Cup GMF 超級盃	Lessons 堂數	Capacity 人數	Before 30/4 前	After 30/4 後
		Date 日期	Day 星期	Time 時間					First Year Membership 首次會員費 \$900 Renewal Fee 續會年費 \$400	
ICS600 (Pee Wee)	3-4yrs	May 7,21,28 Jun 11,18,25 NO CLASS 停課 May 14 & Jun 4	SAT 六	1-2 PM 下午			6	18	\$960	\$1,500
ICS601A	5-7yrs	May 7,21,28 Jun 11,18,25 NO CLASS 停課 May 14 & Jun 4	SAT 六	10-12 AM 上午		Jun 19, 10-12 AM 上午	7	20	\$1,960	\$2,800
ICS601B		May 7,21,28 Jun 4,11,18,25 NO CLASS 停課 May 14	SAT 六	4-6 PM 下午			8	20	\$2,240	\$3,200
ICS602A	8-10yrs	May 7,21,28 Jun 11,18,25 NO CLASS 停課 May 14	SAT 六	10-12 AM 上午	Jun 4, 10-1 AM 上午	Jun 19, 12-2 PM 下午	8	20	\$2,240	\$3,200
ICS602B			SAT 六	12-2 PM 下午	Jun 4, 10-1 AM 上午			8	40	\$2,240
ICS602C		May 7,21,28 Jun 4,11,18,25 NO CLASS 停課 May 14	SAT 六	4-6 PM 下午		Jun 19, 12-2 PM 下午	8	20	\$2,240	\$3,200
ICS603A	11-13yrs	May 7,21,28 Jun 11,18,25 NO CLASS 停課 May 14	SAT 六	2-4 PM 下午	Jun 4, 2-5 PM 下午	Jun 19, 2-4 PM 下午	8	20	\$2,240	\$3,200
ICS603B			SAT 六	6-8 PM 下午	Jun 4, 2-5 PM 下午	Jun 19, 2-4 PM 下午	8	20	\$2,240	\$3,200
ICS604A	14-16yrs	May 7,21,28 Jun 11,18,25 NO CLASS 停課 May 14	SAT 六	2-4 PM 下午	Jun 4, 2-5 PM 下午	Jun 19, 4-6 PM 下午	8	20	\$2,240	\$3,200
ICS604B			SAT 六	6-8 PM 下午	Jun 4, 2-5 PM 下午	Jun 19, 4-6 PM 下午	8	20	\$2,240	\$3,200
ICSG (GIRLS)	8 years or above	May 14	SAT 六	6-8 PM 下午	Jun 4, 10-1 AM 上午	Jun 19, 12-2 PM 下午	8	20	\$2,240	\$3,200

BASKETBALL

GMF Kowloon Bay Campus 九龍灣訓練中心 -  Kellett School 啟歷學校

Indoor Gym, Kellett School, 7 Lam Hing Street, Kowloon Bay, Hong Kong 九龍灣臨興街7號

Code 編號	Age 年齡	Training 訓練日			GMF	GMF	Lessons 堂數	Capacity 人數	Before 30/4 前	After 30/4 後
		Date 日期	Day 星期	Time 時間	Invitation Cup GMF 邀請賽	Super Cup GMF 超級盃			First Year Membership 首次會員費 \$900 Renewal Fee 續會年費 \$400	
KE600 (Pee Wee)	3-4yrs	May 7,21,28	SAT	1-2			6	20	\$960	\$1,500
		Jun 11,18,25	六	PM 下午						
KE601A	5-7yrs	NO CLASS 停課	SAT	12-2		Jun 19, 10-12	7	30	\$1,960	\$2,800
		May 14 & Jun 4	六	PM 下午		AM 上午				
KE602A	8-10yrs	May 7,21,28	SAT	12-2	Jun 4, 10-1	Jun 19, 12-2	8	30	\$2,240	\$3,200
		Jun 11,18,25	六	PM 下午	AM 上午	PM 下午				
KE603	11-13yrs	May 7,21,28	SAT	2-4	Jun 4, 2-5	Jun 19, 2-4	8	30	\$2,240	\$3,200
		Jun 11,18,25	六	PM 下午	PM 下午	PM 下午				
KE604	14-16yrs	NO CLASS 停課	SAT	2-4	Jun 4, 2-5	Jun 19, 4-6	8	30	\$2,240	\$3,200
		May 14	六	PM 下午	PM 下午	PM 下午				
KE601B	5-7yrs	May 7,21,28	SAT	4-6		Jun 19, 10-12	7	30	\$1,960	\$2,800
		Jun 11,18,25	六	PM 下午		AM 上午				
KE602B	8-10yrs	May 7,21,28	SAT	4-6	Jun 4, 10-1	Jun 19, 12-2	8	30	\$2,240	\$3,200
		Jun 11,18,25	六	PM 下午	AM 上午	PM 下午				

REMARKS:

- **GMF MEMBERSHIP FEE 首次會員費 (\$900)**

You are able to join all GMF program in Any GMF Campuses and included GMF Official Reversible Training Uniform & Basketball (Size 3 for 3-4yrs / Size 5 for 5-10yrs / Size 7 for 11yrs or above)

GMF 會員可以參加任何 GMF 香港指定的訓練中心內所舉辦的課程，並獲贈印有學員名稱的雙面訓練球衣、短褲 1 套和 GMF 籃球 1 個(3 號球供 3-4 歲專用 / 5 號球供 5-10 歲專用 / 7 號球供 11 歲或以上專用)

- **GMF INVITATION CUP / GMF 邀請賽 (Jun 4)**

GMF students will have a competition with selected schools (AM: Primary School, PM: Secondary School)

Actual fixture will be announced via Email / GMF Official Website / Facebook Page

GMF 會邀請不同學校為 GMF 學員安排籃球邀請賽，為學員提供學以致用的機會，詳情會於比賽前前 1 星期透過電郵 / GMF 官方網頁 / Facebook 發放。

- **GMF BASKETBALL SUPER CUP / GMF 籃球超級盃 (Jun 19)**

International Christian School (ICS) 基督教國際學校

1 On Muk Lane, Shek Mun, Shatin, NT 香港新界沙田石門安蔭里 1 號 2 樓

Actual fixture will be announced via Email / GMF Official Website / Facebook Page

詳情會於比賽前前一星期透過電郵 / GMF 官方網頁 / Facebook 發放。

BASKETBALL

GMF Hong Kong Campus 香港島訓練中心



Hong Kong Young Women's Christian Association (HKYWCA) 香港基督教女青年會

3/F, Indoor Gym, HKYWCA, No. 1, MacDonnell Road, Hong Kong 香港麥當勞道 1 號 3 樓

Code 編號	Age 年齡	Training 訓練日			GMF Super Cup GMF 超級盃	Lessons 堂數	Capacity 人數	First Year Membership 首次會員費 \$900 Renewal Fee 續會年費 \$400
		Date 日期	Day 星期	Time 時間				
HKYW501	5-10yrs	May 6,13,20,27 Jun 3,10,17,24	FRI 五	5-6:30 PM 下午	Jun 19, 10-12 AM 上午	9	12	\$1,890 (1.5hrs per lesson)
HKYW301	5-10yrs	May 4,11,18,25 Jun 1,8,15,22,29	WED 三	6:15-7:45 PM 下午	Jun 19, 10-12 AM 上午	9	12	\$2,100 (1.5hrs per lesson)

GMF Tseung Kwan O Campus 將軍澳訓練中心 - Metro City Phase 2 Clubhouse 新都城 2 期會所

Indoor Gym, Clubhouse, Metro City Phase 2, 8 Yan King Road, Tseung Kwan O 將軍澳欣景路 8 號

Code 編號	Age 年齡	Training 訓練日			GMF Super Cup GMF 超級盃	Lessons 堂數	Capacity 人數	First Year Membership 首次會員費 \$900 Renewal Fee 續會年費 \$400
		Date 日期	Day 星期	Time 時間				
TKO601	3-6yrs	May 4,11,18,25 Jun 1,8,15,22,29	WED 三	5-6 PM 下午		9	20	\$1,440
TKO602	7-12yrs	May 7,21,28 Jun 4,11,18,25 NO CLASS 停課 May 14	SAT 六	1-3 PM 下午	Jun 19, 12-2 AM 上午	8	20	\$2,240

REMARKS:

- **GMF MEMBERSHIP FEE 首次會員費 (\$900)**
You are able to join all GMF program in Any GMF Campuses and included GMF Official Reversible Training Uniform & Basketball (Size 3 for 3-4yrs / Size 5 for 5-10yrs / Size 7 for 11yrs or above)
GMF 會員可以參加任何 GMF 香港指定的訓練中心內所舉辦的課程，並獲贈印有學員名稱的雙面訓練球衣、短褲 1 套和 GMF 籃球 1 個(3 號球供 3-4 歲專用 / 5 號球供 5-10 歲專用 / 7 號球供 11 歲或以上專用)
- **GMF BASKETBALL SUPER CUP / GMF 籃球超級盃 (Jun 19)**
International Christian School (ICS) 基督教國際學校
1 On Muk Lane, Shek Mun, Shatin, NT 香港新界沙田石門安睦里 1 號 2 樓
Actual fixture will be announced via Email / GMF Official Website / Facebook Page
詳情會於比賽前一星期透過電郵 / GMF 官方網頁 / Facebook 發放。
- **GMF Tseung Kwan O Campus 將軍澳訓練中心**
Due to the clubhouse regulation, **Max 1 Lesson Fee (\$200)** is allowed to deduct if need to apply absent BEFORE the payment is made.
由於該會所合作條款規定，參加將軍澳訓練中心的學員，如需在繳費前申請缺席費用減免，只能允許**最多減免 1 堂 \$200 費用**。

BASKETBALL

NEW PROGRAM

GMF Master Basketball Program / GMF 成人籃球課程

Code 編號	Age 年齡	Date 日期	Day 星期	Time 時間	Lessons 堂數	Capacity 人數	Before 30/4 前	After 30/4 後
ADNT02 (N.T. 新界)	18yrs or above	May 4,11,18,25 Jun 1,8,15,22,29	WED 三	8-10 PM 下午	9	20	\$1,350	\$1,800
ADKN01 (Kowloon 九龍)	18yrs or above	May 5,12,19,26 Jun 2,16,23,30 NO CLASS 停課 Jun 9	THU 四	8-10 PM 下午	8	20	\$1,200	\$1,600
ADHK03 (HK Island 港島)	18yrs or above	May 6,13,20,27 Jun 3,10,17,24	FRI 五	8-10 PM 下午	8	20	\$1,200	\$1,600

REMARKS:

- **GMF Master Basketball Training**
 - Training sessions will be held outdoors (Full Court).



FRAME

Your Decisive Moment

Facebook 會把圖像壓縮，令相片質素嚴重下降，不能呈現相片最佳的一面；
在手機或電腦上欣賞相片固然方便，但一張實實在在的高質相片始終是無法被取代的；

現 GMF 及 SHotCourt Photography 為你帶來高質數的相片印刷及裝裱服務，快把你球場上的雄姿或重要時刻裝裱起來吧！

Framed Photos (production time 7 business days):

<u>Dimension</u>	<u>Price</u>
12" x 9"	\$329

(Extra \$30 for table frame)

18" x 14"	\$549
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24" x 18"	\$769
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Printing: 2800dpi Ink jet in 12-colour (including 3 levels of black)

Photo: Canon Satin Photographic Paper 240gsm

Frame: Smooth Black Wood.



Fine Art Canvas Photos (production time 7 business days):

<u>Dimension</u>	<u>Price</u>
15" x 10"	\$659

24" x 16"	\$1199
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30" x 20"	\$1649
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Canvas:

We use the finest [Hahnemuhle](#) pure white canvas as our print media.

True Canvas Print:

Our Fine Art Canvas Photo uses the real ink on canvas printing method to develop your print, just like how we have been handling the prints of local artists.

Remarks:

Choose and save the photo via GMF facebook page: GMF SPORTS ACADEMY & email to info@gmfsports.com.hk



GMF Membership Application Form 會員申請表格

For NEW MEMBER

- New Membership Fee **(Basketball: \$900 Badminton: \$800)**

Limited Edition Series include:

Basketball Program

- GMF Official Reversible Jersey
- GMF Official Basketball Shorts
- GMF Official Basketball (Size 3 for 3-4yrs, Size 5 for 5-10yrs, Size 7 for 11yrs or above)

Badminton Program

- GMF Official Badminton Jersey
- 2 tubes of Shuttlecock

GMF Official Jersey: XXXS XXS XS S M L XL

Student name at the back of GMF Official Jersey (Max. 10 Block Letters)

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GMF Official Shorts: XXXS XXS XS S M L XL

For YEARLY RENEWAL

- Yearly Renewal Fee **\$400** (Member ID: _____)

OPTIONAL Products (Please "✓")

- \$300** GMF Official Reversible Uniform (Basketball OR Badminton)

XXXS XXS XS S M L XL

Student name at the back of GMF Official Jersey (Max. 10 Block Letters)

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- \$150** GMF Official Basketball Shorts

XXXS XXS XS S M L XL

- \$200** GMF Official Basketball

- \$50 x _ tube(s)** Shuttlecock

- NO, THANKS**

MEASUREMENT	XXXS	XXS	XS	S	M	L	XL
W 胸闊 (半圍) Chest Width (Half)	15"	17"	20"	21"	22"	23"	24"
L 衫長 Length of Vest	19"	21.5"	24.5"	25.5"	26.5"	27.5"	28.5"
腰圍 Waist	20"-27"	23"-30"	24"-32"	26"-38"	28"-42"	30"-44"	32"-46"
褲長 Length of Shorts	12"	15"	18"	20"	22"	24"	25"
Bank of Cheque:			Cheque Nos:			TOTAL AMOUNT:	\$

Applicant Particulars (The following items must be filled in. Please use **block letters** for English.)

學員資料 (請必須填寫以下各項, 英文字母請以正楷填寫。)

Name 姓名: (中文) (Eng)

D.O.B. 出生日期: (YYYY)年 (MM)月 (DD)日

Sex 性別: **M / F** ID Document No. 身分證明文件號碼: Age 年齡:

Email 電郵: FACEBOOK Email:

Residential Address 住址:

Name of School 就讀學校名稱:

Phone 聯絡電話: (Mobile 手提電話)

Enrolment Form & Declaration 報名表格及聲明書

PLEASE MAKE CHEQUE PAYABLE TO: GMF LTD

Enrolment Fee 費用	\$	Absent Date 缺值日 (Entitle to deduct \$200 if apply leave BEFORE payment is made)	
Bank of Cheque		Cheque Nos. 支票號碼	

BASKETBALL			
九龍灣 KOWLOON	3-4yrs <input type="checkbox"/> KE600	5-7yrs <input type="checkbox"/> KE601A	<input type="checkbox"/> KE601B
	8-10yrs <input type="checkbox"/> KE602A	<input type="checkbox"/> KE602B	11-13yrs <input type="checkbox"/> KE603
將軍澳 TSEUNG KWAN O	<input type="checkbox"/> TKO601	<input type="checkbox"/> TKO602	
香港島 HONG KONG	<input type="checkbox"/> HKYW501 (5-7yrs)		<input type="checkbox"/> HKYW301 (5-7yrs)
石門 SHEK MUN	3-4yrs <input type="checkbox"/> ICS600		
	5-7yrs <input type="checkbox"/> ICS601A	<input type="checkbox"/> ICS601B	
	8-10yrs <input type="checkbox"/> ICS602A	<input type="checkbox"/> ICS602B	<input type="checkbox"/> ICS602C
	11-13yrs <input type="checkbox"/> ICS603A	<input type="checkbox"/> ICS603B	
	14-16yrs <input type="checkbox"/> ICS604A	<input type="checkbox"/> ICS604B	GIRLS (8yrs or above) <input type="checkbox"/> ICSG
GMF Master Basketball Program / GMF 成人籃球課程			
ADKN01 觀塘 <input type="checkbox"/>	ADNT01 沙田 <input type="checkbox"/>	ADHK01 中環 <input type="checkbox"/>	
BADMINTON			
石門 SHEK MUN			
<input type="checkbox"/> BMTICS61 (5-7yrs) <input type="checkbox"/> BMTICS62 (8yrs or above)			
Anyone Introduce you to join GMF? Y <input type="checkbox"/> / N <input type="checkbox"/>		If Yes, referred by: _____ (Student Name)	
** Student introduce a new member will award \$300 discount for joining GMF programs. (Except GMF Master Basketball Program)			

Applicant Particulars 學員資料

GMF Membership nos: _____ D.O.B _____ (YY) _____ (MM) _____ (DD)

Name 姓名 (中文) _____ (Eng) _____

Sex 性別: M / F ID No. _____ Age 年齡: _____

Email 電郵: _____ FACEBOOK Email: _____

Mailing Address 住址: _____

Name of School 就讀學校名稱: _____

Phone 聯絡電話: _____ Mobile 手提電話 _____

Declaration 聲明:

I hereby confirm, acknowledge and understand that all information relating to my child(ren), including but not limited to his/her/their videos, photographs, images and/or pictures may be used by GMF for all future marketing material, including, but not limited to print advertisements, television advertisements, website or internet related advertisements of whatsoever nature, and further confirm and acknowledge that neither my child(ren) nor myself nor my spouse nor guardian shall be entitled to any proceeds whatsoever derived therefrom or to any interest therein. The information provided in the enrolment form by the applicants is true and correct and the applicants are eligible for the training according to the rules set by the Organizer. I understand that if false information is provided, we will be immediately disqualified with all the results cancelled. Enrolment fee will not be refunded. The applicants agree to comply with all the rules set by the Organizer. The applicant is healthy and physically fit to participate in the above competition. GMF shall not be liable for any injuries or death which the applicant may sustain in the training due to their own negligence, ill health or poor physical condition.

Applicant Name 申請人姓名 _____	Name of the Parent 家長姓名 _____
Signature 簽署 _____	Signature of the Parent 家長簽署 _____
Date 日期 _____	Date 日期 _____



FREE TRIAL FORM

DATE	_____					
BASKETBALL	九龍灣 KOWLOON	3-4yrs	<input type="checkbox"/> KE600	5-7yrs	<input type="checkbox"/> KE601A	<input type="checkbox"/> KE601B
		8-10yrs	<input type="checkbox"/> KE602A		<input type="checkbox"/> KE602B	
		11-13yrs	<input type="checkbox"/> KE603	14-16yrs	<input type="checkbox"/> KE604	
	將軍澳 TKO		<input type="checkbox"/> TKO601		<input type="checkbox"/> TKO602	
	香港島 HONG KONG		<input type="checkbox"/> HKYW501 (5-7yrs)		<input type="checkbox"/> HKYW301 (5-7yrs)	
	石門 SHEK MUN					
	3-4yrs	<input type="checkbox"/> ICS600				
	5-7yrs	<input type="checkbox"/> ICS601A	<input type="checkbox"/> ICS601B			
	8-10yrs	<input type="checkbox"/> ICS602A	<input type="checkbox"/> ICS602B	<input type="checkbox"/> ICS602C		
	11-13yrs	<input type="checkbox"/> ICS603A	<input type="checkbox"/> ICS603B			
	14-16yrs	<input type="checkbox"/> ICS604A	<input type="checkbox"/> ICS604B			
	GIRLS (8yrs or above)	<input type="checkbox"/> ICSG				
ADMINTON	SHEK MUN					
	<input type="checkbox"/> BMTICS61 (5-7yrs)	<input type="checkbox"/> BMTICS62 (8yrs or above)				

Applicant Particulars 學員資料

GMF Membership nos: _____ D.O.B _____ (YY) _____ (MM) _____ (DD)

Name 姓名 (中文) _____ (Eng) _____

Sex 性別: M / F ID No. _____ Age 年齡: _____

Email 電郵: _____ FACEBOOK Email: _____

Mailing Address 住址: _____

Name of School 就讀學校名稱: _____

Phone 聯絡電話: _____ Mobile 手提電話 _____

MEMBER CoAct Group



OFFICIAL PARTNERS



INCLEMENT WEATHER ARRANGEMENTS

Should Pre-No.8 / Black Rainstorm Signal special announcement (an advance notice to the public issued by the Hong Kong Observatory when the tropical cyclone warning signal No. 8 / Black Rainstorm is expected within two hours), tropical cyclone warning signal No. 8 or above or black rainstorm signal is in force 2 hours before the lesson, all lessons will be cancelled. GMF training will be resumed when the tropical cyclone warning signal No. 8 or above or black rainstorm signal were lowered 2 hours before the lesson.

ENQUIRIES

Phone (ENG) 852-6338 0195
 電話 (中文) 852-3996 8912 / 852-9401 6882
 Fax 852-3996 8913
 Email info@GMFsports.com.hk
 WEBSITE www.GMFsports.com.hk
 FACEBOOK www.facebook.com/GMFsportshk
 Instagram @GMFsports
 If there is any inadequacy in this prospectus, GMF reserves the right for appropriate amendments.

如你不欲收取通函郵件，請在信箱貼上『不收取通函』標貼。標貼可於全線郵政局、各區民政事務處的公眾諮詢服務中心、公共屋邨辦事處和個別私人屋苑的管理處免費索取。請注意，『不收取通函』標貼機制並不涵蓋由政府及相關機構、立法會議員、區會議員、選舉候選人和根據《稅務條例》第88條合資格獲豁免繳稅的慈善機構所投寄的通函郵件。